

D.A.R.E. Family Talk #5

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Kids often think that most kids use drugs, and may feel pressure to try them. Research shows that this is NOT true, and that most kids DO NOT use drugs. Research also shows that parents have more influence on their children than anyone else.

1. Share with your child a time that you were present when someone was pressured to do something (a risky situation) and what you did to avoid it. If you cannot think of a time, maybe think of a scene from a movie that had a risky situation in it.

2. In the spaces below, join your child and fill in the blank spaces. When you have both finished, discuss the situation together thinking of how your family rules might help you in the future.

PARENT

The situation was: _____

How I avoided it: _____

Ways I will avoid it next time are: _____

STUDENT:

The situation was: _____

How I avoided it: _____

Ways I will avoid it next time are: _____



Parents: Thank you for participating in D.A.R.E. Family Talk activities with your student.